Reinhardt University Sports Studies Program

SSP315: Emergency Care and Athletic Injury Prevention

Spring 2024

Course Syllabus

**General Course Information**

Class Time: Tuesday & Thursday 11-12:15

Location: Gym 203

Instructor: Mindy Ruiz MAT, ATC/LAT

Office: Fieldhouse ATR

Office hours: By appointment only

Email: [Mindy.Ruiz@reinhardt.edu](mailto:Mindy.Ruiz@reinhardt.edu)

**Catalog Course Description**

This course addresses basic for the prevention, recognition, and care of athletic injuries

**Reinhardt Credit Hour Statement: 3 Credit Hour Class**

**Purpose of the Course**

The purpose of the course is to provide an overview of the procedures involved in the prevention, evaluation and treatment of injuries, with an emphasis on common athletic related injuries.

**Reinhardt University General Education Learning Outcomes**

Domain II: Critical Thinking and Inquiry

* Students will demonstrate integrative, critical thinking and inquiry-based learning using evidence, logic, reasoning and calculation.

Domain IV: Values and Ethics

* Students will demonstrate integrity and ethical responsibility
* Students will demonstrate understanding of and commitment to physical, emotional and spiritual wellness.

**Course Outcomes**

Students Should be able to:

1. Confidently demonstrate knowledge of emergency medical procedures, OSHA regulations, and injury prevention methods
2. Perform various emergency response and prevention skills performing spontaneous skill assessments
3. Practice emergency response and injury prevention techniques, in a controlled setting, throughout the semester, in order to gain confidence of their abilities during an emergency.
4. Be able to identify athletic injuries and confidently demonstrate knowledge of how to prevent, treat, splint and brace an injury.

**Methods of Instruction**

Possible methods of instruction include:

1. Lection and discussion
2. Class and group discussion
3. Writing assignments
4. Web based assignments
5. Online reading and materials
6. Examinations and practical’s
7. Video, photo, and slide presentations
8. Lab activities

**Course Policies**

Attendance: Attendance is a crucial aspect of this course. Students are allowed one (1) UNEXCUSED absence without penalty. Additional absences will result in a lowering of final course average. Students are responsible for any class material that they miss.

Respect: Respect your classmates and your instructor by turning off a cell phone prior to entering class. If your phone rings in class, there are two choices for repercussions. You are responsible in providing doughnuts to the entire class the next class meeting OR the class will be adjourned for the entire class for the day and all materials that would have been covered is the students’ responsibilities.

Communication: If you know you will be out on a certain day make sure you communicate that with the instructor so accommodations can be made.

Readings: Required readings online links will be provided as needed by the instructor. Advanced notice will be given when students are expected to have read and completed such assignments prior to specific class meetings.

**Course Requirements/Assignments:**

16 quizzes 160pts

1 mid-term exam 200pts

1 final exam 200pts

EAP Assignment 100pts

Participation 100pts

Total points possible:

**Academic Integrity**

Students are expected to adhere to Reinhardt University Honor Code regarding academic integrity. Instances of academic dishonesty will result in a course grade “F” and any other penalties imposed by Reinhardt University.

Academic Dishonesty:

The following are recognized as unacceptable forms of academic behavior at Reinhardt University:

1. Plagiarizing, that is presenting words or ideas not of your own as if they were your own. Three or more words taken directly from another author must be enclosed in quotations and documented.
2. Submitting a paper written by another student or other personas if they were your own.
3. Fabricating evidence or statistics that supposedly represent your original research.
4. Cheating of any sorts on tests, papers, projects, reports etc.
5. Unauthorized use of the password or account number of another student or faculty member to gain access to computer data files, or computer output.

Penalties for Academic Dishonesty

In the event of academic dishonesty, according to the definition stated above that whatever additional definition an instructor has published in a class syllabus to his/her student, the instructor may do one of the following things, according to his/her students, the instructor may do one of the following things, according to his/her assessment of the severity of the infraction and any extenuating circumstances:

1. Assign a grade of F or 0 on the paper, examination but allow resubmission, resulting in a maximum combined grade of C.
2. Assign a grade of F or 0 on the paper, project, examination without the opportunity for resubmission.
3. Assign a grade of F or 0 in the course.

In all cases the instructor will forward evidence of dishonesty to the Vice President for Academic Affairs/Dean of the University and will inform the Chief Academic Officer of the action taken.

**Grading Scale**

**A** 90% and above

**B** 80% to 89%

**C** 70% to 79%

**D** 60%-69%

**F** Below 60%

**Accommodation Statement**

Student with disabilities who believe that they may need accommodations in this course are encouraged to contact the Academic Support Office as soon as possible to ensure that such accommodations are implemented in a timely manner.

\*Assignments are tentative and are subject to change based on pace of course and discretion of the instructor\*\*\*\*

EMERGENCY ACTION PLAN

You will be assigned a location in which you will need to create an EAP using the link that was provided earlier in the semester in the PPT presentation. Fill out and print the EAP staring from page 9 of the Template.

Grading Rubric:

EAP is Printed in color and placed inside a 3-ring binder /20

Appropriate template used /40

All pages filled out /30

Cover Page before the EAP with your name, class name and date /10