Introduction to Psychology (3 hours)

PSY 101

Section 020: TR 9:30 - 10:45

SP24

Lawson 104

| **Instructor** | Samantha Sabin, Ph.D |  | **E-mail** | Sam.Watts@reinhardt.edu |
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| **Office Hours** | By appointment only |  | **Phone** | TBD |
| **Office:** | Tarpley 307 |  |  |  |

| ***Prerequisites*** |  | None |
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| ***Purpose of the Course*** |  | This course is a survey of the field of psychology that is defined as the scientific study of behavior. Topics include the history of psychology methodology, biological foundations of behavior, sensation and perception, memory, consciousness, intelligence, development, social influences, personality, behavior disorders, and therapy. |
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| ***Course Goals*** |  | After successfully completing this course, a student should be able to:* identify & differentiate among the basic methods of scientific psychology
* demonstrate familiarity with the major terms, theories, and debates in the field of Psychology
* apply psychological concepts to general descriptions of human behavior
* describe the basic processes underlying a variety of psychological phenomena, including sensation, perception, development, learning, and memory
* discuss the ways that environmental, social and biological processes contribute to psychological phenomena
* identify factors that contribute to an individual's personality & attitudes
* recognize different psychological disorders & treatment options
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| ***Integration with General Education (Core) Student Learning Outcomes*** |  | Introductory Psychology is an elective in the General Education portion of the College’s degree requirements. As such, the Student Learning Outcomes and Assessment techniques of this course are pertinent to the following General Education and College Student Learning Objectives: A. Domain I: Communication: Students will demonstrate:  1. The effective expression of ideas through writing and speech; B. Domain II: Critical Thinking and Inquiry: Students will demonstrate: 1. Integrative, critical thinking with inquiry based learning using  evidence, logic, reasoning, and calculation 2. Knowledge of various research methodologies, information,  technological, and scientific literacy 3. Independent thought; preparation for lifelong learning. C. Domain III: Self, Society, & Culture: Students will demonstrate: 1. An appreciation for the role of diversity in understanding behavior D. Domain IV: Values and Ethics: Students will demonstrate: 1. An understanding of the role of ethics in research and practice 2. An understanding of physical, emotional and spiritual wellness. |
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| ***Credit hours*** |  | (3 hours) Over 15 weeks, students will spend 150 minutes per week in lectures, class discussions, and examinations (37.5 hours for the semester). Instructional time includes a 3-hour final exam. Out-of-class work includes homework and preparation for exams and quizzes and is estimated at around 300 minutes per week (75 hours for the semester).  |
| ***Required Text*** |  | *Psychology, 7th* edition, by Peter Gray & David Bjorklund |
| ***Email/******EagleWeb/Canvas/ Internet*** |  | All students are required to activate their Reinhardt e-mail account and to check it regularly. I will communicate through University email and I will use Canvas to post notes, assignments, data, messages, etc. Some of your assignments will come from online activities and I will encourage you to use the library resources. You will need access to a computer and the internet in order to complete them. |
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|  |  | **Course Evaluation** |
| **Exams** |  | Exams. There will be three regular exams and a comprehensive final exam, each worth 100 points. Regular exams will cover material addressed since the last exam (approximately 4-6 weeks of lecture). The final exam is cumulative. The final exam will be worth 100 points and cover the full semester. Advanced application questions that require a synthesis of material presented throughout the semester will be included. All exams may be composed of multiple-choice, short answer, and/or essay questions.Exam Procedures and Policies. Exam questions may come from lectures, class activities, assigned readings, or all of the above. It is your responsibility to be present (and on time) when exams are given and to finish by the end of class. Students who arrive late for exams will receive no extra time to complete them. Students arriving more than 20 minutes late will be considered absent and not allowed to take the exam. If a student has completed the exam and left the classroom, no other students will be permitted to begin the exam.In the calculation of your final grade, the lowest regular exam score will be dropped (the highest two exams account for 30% of the course grade, the final exam is 10%). If you missed an exam, this will be counted as your lowest exam score and the 0 will be dropped. **You cannot drop the final exam score.** |
|  ***Attendance*** ***and Participation*** |  | In general, I feel course grades should reflect student’s mastery of material and not the ability to simply be present. Having said this, attendance (and more importantly active participation) is critical to success in my classes. You are expected to attend class, be present for the full class period, and have read the assigned material **before** you come to class. Lectures will cover material that is not in the book but will be on the test. Students are responsible for all material covered in the lectures and in the book. Students will be responsible for material missed when absent.A portion of your grade (20%) will be based on writing assignments, quizzes, and activities. **You will not have the opportunity to make-up activities that are missed due to absence, leaving early, or arriving late**. These assignments are not busy work. Each one is intended to help you integrate and apply the concepts that you are reading about in your text. You should expect to have some activity (or activities) each day. Assignments may be given at any point during class and are listed in the syllabus. They will not be announced in advance, and will not be posted online. *If you miss a participation assignment for whatever reason, you cannot make it up.* Late assignments (i.e., those offered after I have already collected the assignment from the rest of the class) will not be accepted and will earn no credit.  |
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| ***Make-up Exams*** |  | If a student misses a scheduled exam (for any reason, including travel), the first absence will be the exam that is dropped (See Exams section previously listed). In the event that a student misses a *second* exam, a make-up examination shall be permitted only with an excused absence, an emergency absence, or upon the discretion of the instructor (See Academic College Catalog). Official documentation will be necessary for the absence to be excused. Make-up exams may differ in the content and/or format from the regularly scheduled test. The time of the make-up exam is at the sole discretion of the instructor. Failure to take a make-up exam at the time designated by the instructor will result in a grade of zero for that test. Please note that this policy will only be used in the event of extenuating circumstances where a student misses two exams (as the first missed exam may be dropped as described in the “Exams” section). If you know that you will have to miss an exam (ex: traveling for sports) it is your responsibility to schedule a make-up exam before the scheduled exam date. |
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| ***Grading Scale*** |  | Your final grade will be based on total points earned out of 500 possible points according to the following scale: |
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|  |  | 447-500 | 90-100% | A |
|  |  | 397-446 | 80-89% | B |
|  |  | 347-396 | 70-79% | C |
|  |  | 297-346 | 60-69% | D |
|  |  | Less than 296 | 0-59% | F |
|  |  |  |  |   |
|  |  | Assignment | Percent of Grade |  |
|  |  | Highest 2 exams |  30% | \*The lowest regular exam score will be dropped. \*Lowest 4 out of 16 dropped in-class assignments |
|  |  | Final Exam |  10% |
|  |  | In Class Assignments |  20% |
|  |  |  Group Presentations |  40% |
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|  |  | The points you earn determine the grade. Rounding has already been calculated into the point distribution. If you have any questions at any time concerning your grade, please do not hesitate to talk to me. |

Course Schedule (subject to change)

| Week | Day  | Topic/Reading | Assignments Due | In Class/Online Assignments Due |
| --- | --- | --- | --- | --- |
| 1 | Tues, 1/9 | Introduction to Psych101 |  | About Me (in class) |
|  | Thurs, 1/11 | Foundations for the Study of Psychology | Read Ch1 | Approaches in Psych Quiz (online) |
| 2 | Tues, 1/16  | Historical Figures in Psychology  | Group Presentations |  |
|  | Thurs, 1/18 | Research Methods in Psychology | Read Ch2 | IV DV Quiz (online)How we eat article (online) |
| 3 | Tues, 1/23 | Genetic and Evolutionary Foundations | Read Ch3 | Correlation Quiz (online) |
|  | Thurs, 1/25 | Learning  | Read Ch4 | Classical Conditioning Worksheet (online) |
| 4 | Tues, 1/30 | Exam Review |  |  |
|  | Thurs, 2/1 | Exam 1 | Study Guide #1 |  |
| 5 | Tues, 2/6 | Neural Control of Behavior | Read Ch5 |  |
|  | Thurs, 2/8 | Neural Control of Behavior |  | There is no self quiz (online) |
| 6 | Tues, 2/13 | Sensation and Perception | Read Ch7-8 Group Presentations |  |
|  | Thurs, 2/15 | Sensation and Perception |  | Brain and Neuron Quiz and Brain Crash Quiz (online) |
| 7 | Tues, 2/20 | Motivation and Emotion | Read Ch6 | What would happen if you didn’t sleep quiz (online) |
|  | Thurs, 2/22 | Motivation and Emotion | Group Presentations | Maslow's Hierarchy WorksheetGestalt Worksheet |
| 8 | Tues, 2/27 | Exam 2 Review |  | Exam 2 Review |
|  | Thurs, 2/29 | Exam 2 | Study Guide #2 | Exam 2 |
| 9 | Tues, 3/5 | **Spring Break** |  |  |
|  | Thurs, 3/7 | **Spring Break** |  |  |
| 10 | Tues, 3/12 | Memory | Read Ch9 | Eyewitness Activity (in class)Working memory activity (in class) |
|  | Thurs, 3/14 | Reasoning and Intelligence | Reach Ch10 | Reasoning Activity (in class)Intelligence Podcast (online) |
| 11 | Tues, 3/19 | Development | Read Ch11-12 | Monkeys and Morality Worksheet (online) |
|  | Thurs, 3/21 | Development |  | Piaget Worksheet |
| 12 | Tues, 3/26 | Exam 3 Review |  |  |
|  | Thurs, 3/28 | Exam 3 | Study Guide #3 |  |
| 13 | Tues, 4/2 | Social Psychology | Read Ch13-14 | IAT (online) |
|  | Thurs, 4/4 | **Spring Day - No Class** |  |  |
| 14 | Tues, 4/9 | Social /Personality | Read Ch15 | TIPI Worksheet (online) |
|  | Thurs, 4/11 | Personality Disorders | Group Presentations | Personality Disorder Worksheet (online) |
| 15 | Tues, 4/16 | Disorders and Treatment | Read Ch16-17 |  |
|  | Thurs, 4/18 | Disorders and Treatment*Optional: Final Exam Review* | Group Presentations | Types of Therapy Worksheet (online) |
| 16 | 4/23 | Final Exam(last day of classes) | Final Exam Study Guide |  |