

REINHARDT UNIVERSITY

Sport Studies Department



SSP 260 (020): Introduction to Sport Studies (3 Credits)

FALL **2023**

General Course Information

Class Time/Days: 12:30 – 1:45 TR

Instructor: Kelley Horton

Office Hours: As Posted or by Appointment

Location: Brown Gym 214

Office: 213

Phone: 770-720-5615

Email: KRH@reinhardt.edu

Catalog Course Description

This class is a survey of the discipline of kinesiology and sport studies. The course introduces students to the general characteristics of the discipline, to specific types of professions typically pursued by those graduating from a kinesiology and sport studies program and assists students in identifying early career decisions. No prerequisite.

Reinhardt Credit Hour Statement; 3 Credit Hour Class

Over 15 weeks, students will spend 150 minutes per week in lectures, class discussions, and examinations (37.5 hours for the semester). Instructional time includes a 3-hour final exam. Out-of-class work includes homework and preparation for exams and quizzes and is estimated at around 300 minutes per week (75 hours for the semester).

Required Text/Recommended Readings

- No required text: Online and other readings as assigned during the semester.

Course Websites

- Website: <https://reinhardtuniversity.instructure.com/login/ldap>

Communicating with Instructor

- The instructor will communicate with students using course announcements and email. Students with personal concerns or questions may contact the instructor via the course email option in Canvas. All email correspondence with instructor must be via the Reinhardt account (no personal email accounts). The instructor will respond to emails and voicemails within 24-48 hours. Please provide your name, phone number, and a good time to return calls when leaving a voicemail.

Purpose of the Course

The course surveys the general knowledge base of kinesiology and sport studies as reflected in the major sub-disciplines (sport management, coaching, exercise science, teaching, etc.) and reviews selected concepts in each, showing how they contribute to our understanding of the nature and importance of sport and physical activity. In addition, the course introduces students to the policies, procedures, and expectations of the Sport Studies Program at Reinhardt University.

Reinhardt University General Education Learning Outcomes addressed in this course:

Communication

- Students will demonstrate effective expression of ideas through writing, speech, and visual media.

Society and Culture

- Knowledge of the traditions of Western civilization.
- Knowledge of the diversity of societies and cultures; the ability to view themselves and the world from cultural and historical perspectives other than their own.

Sport Studies Program Goal

The Sport Studies Program is designed to develop graduates with a broad cultural perspective of sport, with practical skills suitable for employment in sport-related settings, and with ethical and moral characteristics suitable for assuming leadership roles in contemporary society.

Sport Studies Program Outcomes

Students graduating with a degree in Sport Studies should be able to:

1. Communicate effectively in academic courses and internship/practicum placements as evidenced by written, spoken, and visual examples.
2. Exhibit personal integrity and leadership skills as evidenced by documented experiences in academic courses and internship/practicum placements.
3. Recognize moral and ethical issues associated with sport (from contemporary and historical perspectives).
4. Analyze social, cultural, and historical factors influencing the development of sport organizations, and the decision-making processes for sport leaders in those organizations.
5. Work collaboratively and in leadership roles in a sport-related professional career setting.

Course Objectives

Students completing Introduction to Kinesiology and Sport Studies should be able to:

1. Identify requirements for the Sport Studies degree program at Reinhardt University. (SLO 1 - 5)
2. Comprehend practicum and internship requirements for the Sport Studies degree program. (SLO 1,2,5)
3. Understand the rationale for the discipline of kinesiology and sport studies, how it is structured, and the types of knowledge studied by its scholars and professionals. (SLO 2,3,5)
4. Identify sub-disciplines within kinesiology (including exercise science, sport management, biomechanics, et al) and comprehend the general content knowledge base of those sub-disciplines. (SLO 3,4,5)
5. Understand the nature and demands of professional occupations, career options available to students graduating from departments of kinesiology and sport studies, and qualifications associated with each. (SLO 3,4)
6. Critically evaluate potential career paths of interest in kinesiology, sport, and physical activity. (SLO 4,5)
7. Recognize the significance of physical activity experiences in understanding kinesiology and sport studies. (SLO 4)
8. Recognize the importance of physical activity in daily life and the implications of this for the discipline. (SLO 4)
9. Understand departmental faculty expectations for student conduct and academic performance. (SLO 1,2,3)

Course Requirements/Assignments/Evaluation

1. Exams and Quizzes (25%)

- Students complete two examinations covering course content, readings, in-class discussions, and other materials as assigned. These examinations may be given in-class or online with a combination of constructed response (essay) and selected response (MC/TF) items.
 - Midterm (10%); Final (15%)

2. Individual Project (20%)

- Students will complete a **Professional Development Project (PDP)** during the semester. Assignments given during the semester will be included in the PDP portfolio.

3. Assignments (40%)

- Various assignments will be given throughout the semester. All assignment information will be posted on Canvas. Examples of assignments include an Autobiographical Essay, Professional Informational Interview, Personality Inventory, Elevator Pitch, etc.

3. Participation, Communication, Professionalism, and Credibility (15%)

- Students should make meaningful and active class contributions, including preparedness, attendance, punctuality, and informed discussion and participation. Please review the Policies and Expectations regarding Professionalism and Credibility.

Grade Scale

- A: 90% and above
- B: 80% to 89%
- C: 70% to 79%
- D 60% to 69%
- F below 60%

➤ Note – **Sport Studies majors must make a C or higher as this is a required majors course.**

Methods of Instruction

Potential methods of instruction and course activities may include (but are not limited to):

Face-to-face and online lecture and discussion; class and group discussions; examinations and quizzes; video and slideshow; presentations; writing assignments; web-based assignments; guest speakers and field visits

Course Policies and Becoming a Professional

One purpose of this introductory course is to help the Sport Studies major begin the transition from college student (with more relaxed expectations on personal behavior in the academic setting) to professional (with more stringent expectations regarding such behavior). The purpose of these policies is not to punish, but instead to push the SSP major toward expected professionalism.

- **Cell Phones** – unless requested by the instructor for instructional purposes, there will be no personal use of cell phones in this classroom. If you must use your cell phone, please do so before class or during breaks, and please step outside the classroom. Once inside the classroom place your phone face down on your desk or put your cell phone inside your book bag (not in a pants pocket or in your lap).

- **Laptops and Tablets** – unless allowed by the instructor for instructional or research purposes, there will be no personal use of laptops, tablets, and similar devices during class. Please keep such devices inside your book bag if you bring them to class.
- **No Recording** – any recording of class sessions (video or audio) without prior approval of the instructor is prohibited. Violation of the policy may result in a failing grade in the class (or student administrative withdrawal if before the W date).
- **Classroom Demeanor** – only one person should speak at a time during a class session. There are to be no side discussions unless the instructor has requested such conversation.
- **Language and Civility** – the use of profanity of any kind in the classrooms or surrounding areas is prohibited, including slang expressions and racially insensitive terms. Reinhardt University is a Christian and Methodist-affiliated institution and students will conduct themselves accordingly. Each incident of profanity results in a 2-point deduction from your final grade.
- **Maturity and Good Judgment** – always maintain maturity in classroom interactions and correspondence with the instructor or guests. The class may take field site visits. If that is the case, be sure to dress appropriately, show up on time, and always maintain appropriate decorum.
- **Work Submissions** – When class sessions are missed for Reinhardt-related activities (including athletics), due assignments must be submitted on time ... i.e. – if an assignment is due on a date, you will be missing class, you must submit the assignment beforehand or have a classmate submit it for you on the due date. Acceptance of and penalties for late submissions will be determined at the discretion of the instructor.

Attendance Policy

- Attendance is a crucial aspect of the course. Show up just as you would for a job, or a doctor's appointment. Students are expected to attend every class meeting and any field visits. In the unusual circumstance that an absence cannot be avoided, students are responsible for all material addressed on that day (get this material from a classmate – not from the instructor). Excessive absences, as determined by the instructor, will result in a lowering of the overall course grade.
- There is no such thing as an excused absence. You are either in class or you are not in class. Someone has paid for your course, and you are responsible for the materials addressed for every class session.

The “Self-Reliance Rule”

Instructors in the Reinhardt Sport Studies Program try to be very accessible, but we need your help. We ask that you follow the “Self-Reliance Rule” by attempting to find answers to questions about the class or the SSP in at least three places before asking the instructor. The answer to your question may very well be in a course syllabus, available on the departmental or university website, in the academic catalog, or easily findable online. Your classmates and fellow SSP majors are also good sources of information. When you email the instructor a question, be prepared to identify the three places you've already tried to find the answer. This policy should also be useful in your professional preparation.

Academic Integrity

Students are expected to adhere to the Reinhardt Code of Conduct and Honor Code. Violations (including cheating and plagiarism) will result in disciplinary actions.

Late Work

You will have about a week after an assignment is due to get it submitted for credit. Each day an assignment is late, there will be an automatic deduction of 5%. This means if you submit an assignment 6 days late, you will only be able to earn up to a grade of 70 on the assignment. Once the extended submission time has passed, late work will NOT be accepted. Due dates and times of assignments will be noted in Canvas.

Accommodation Statement and Academic Support

Students with disabilities who believe that they may need accommodation in this course are encouraged to contact the Academic Support Office as soon as possible to ensure that such accommodations are implemented in a timely fashion.

The Center for Student Success located on bottom floor of Lawson (room 035) is a free tutoring service available to all students. For appointments--go to Reinhardt webpage; click on "Academics" ... when the next page appears, click Center for Student Success. On that screen, click Student Appointment Form. Fill out required fields and then submit. If you would prefer to call, the number is 770-720-9232.

<https://www.reinhardt.edu/academic-resources/academic-support-office/aso-student-guide/>

Schedule of Class Sessions

Please see **course outline/calendar** at end of syllabus

Bibliography

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Hoffman, S.J. (Ed.). (2005). *Introduction to Kinesiology: Studying Physical Activity, Third Edition*. Champaign, IL: Human Kinetics.

Mull, R.F. (1997). *Recreational sport management*. Champaign, IL: Human Kinetics.

Parkhouse, Bonnie (2005). *The Management of Sport: Its Foundation and Application, Fourth Edition*. McGraw Hill.

Sawyer, T., & Smith, O. (1998). *The management of clubs, recreation, and sport: Concepts and applications*. Champaign, IL: Sagamore Publishing Company.

Stier, W.F. (1999). *Managing sport, fitness, and recreation programs: Concepts and practices*. Boston, MA: Allyn & Bacon.

Street & Smith's *Sports Business Journal* (<http://www.sportsbusinessjournal.com/>).

Ziegler, E.F., & Bowie, G.S. (1983). *Management competency development in sport and physical education*. Philadelphia, PA: Lea & Febiger.

SSP 260 Tentative Course Outline/Calendar – FALL 2023

#	Date	Topic	Assignments/Readings
WEEK ONE			
1	Aug. 15	<ul style="list-style-type: none"> Welcome to SSP 260 Overview of Course Get to know each other – Ice Breakers 	
2	Aug. 17	<ul style="list-style-type: none"> Review of Course Syllabus Ethics and SSP Expectations Tips for Success Icebreakers 	<ul style="list-style-type: none"> Read SSP 260 Course Syllabus on Canvas
WEEK TWO			
3	Aug. 22	<ul style="list-style-type: none"> Overview of Course Requirements **Introduce Autobiographical Essay Assignment Professional Development Project and Assignments Folio 	
4	Aug. 24	<ul style="list-style-type: none"> History of SSP Program & RU Hierarchy Program Structure & Advising Grid **Reminder of Autobiographical Essay 	
WEEK THREE			
5	Aug. 29	<ul style="list-style-type: none"> What can I do with a SSP degree? 	<ul style="list-style-type: none"> DUE: Autobiographical Essay
6	Aug. 31	<ul style="list-style-type: none"> Where I see me with this degree – **Ideal Position assignment 	<ul style="list-style-type: none"> Bring computer/tablet or something to work with in class
WEEK FOUR			
7	Sept. 5	<ul style="list-style-type: none"> Networking / social media **Social Media/LinkedIn assignment 	<ul style="list-style-type: none"> Set Up LinkedIn Profile or Update
8	Sept. 7	<ul style="list-style-type: none"> Careers in Teaching/Coaching K-12 and Higher Education 	<ul style="list-style-type: none"> DUE: Social Media Assignment Visit the GAPSC website Visit the GHSA website and read the Lay Coaching Information
WEEK FIVE			
9	Sept. 12	<ul style="list-style-type: none"> Careers in Teaching/Coaching K-12 and Higher Education Guest Speaker 	<ul style="list-style-type: none"> DUE: Guest Speaker Questions @ 9:30AM
10	Sept. 14	<ul style="list-style-type: none"> Exercise Science & Fitness Careers Athletic Training / Strength & Conditioning 	<ul style="list-style-type: none"> Visit NATA Website
WEEK SIX			
11	Sept. 19	<ul style="list-style-type: none"> Physical Therapy Occupational Therapy 	
12	Sept. 21	<ul style="list-style-type: none"> No Class – Out of Class Assignment 	<ul style="list-style-type: none"> Work on Life Lessons to Consider Assignment
WEEK SEVEN			
13	Sept. 26	<ul style="list-style-type: none"> Understanding the Interview Process Elevator Pitch Assignment Guest Speaker 	<ul style="list-style-type: none"> DUE: Guest Speaker Questions @ 9:30AM
14	Sept. 28	<ul style="list-style-type: none"> Midterm Review 	
WEEK EIGHT			
15	Oct. 3	<ul style="list-style-type: none"> Midterm Exam 	
-	Oct. 5	<ul style="list-style-type: none"> FALL BREAK – No Classes 	
WEEK NINE			
16	Oct. 10	<ul style="list-style-type: none"> Midterm Overview Becoming Invaluable Personality Inventory Assignment 	<ul style="list-style-type: none"> DUE: Elevator Pitch Assignment
17	Oct. 12	<ul style="list-style-type: none"> Prepare for Advising SSP Scheduling and Course Planning 	<ul style="list-style-type: none"> Complete Audit of Transcript Work on Advising Sheet and Schedule for Spring 2024

		WEEK TEN	
18	Oct. 17	<ul style="list-style-type: none"> Advising Week – No Class 	<ul style="list-style-type: none"> DUE: Life Lessons to Consider Assignment
19	Oct. 19	<ul style="list-style-type: none"> Advising Week – No Class 	<ul style="list-style-type: none"> DUE: Personality Inventory Assignment
		WEEK ELEVEN	
20	Oct. 24	<ul style="list-style-type: none"> Careers in Parks, Recreation, and Tourism Goal Setting Assignment 	<ul style="list-style-type: none"> Peruse "Find a Job" section of NRPA website Peruse National Parks website and jobs board
21	Oct. 26	<ul style="list-style-type: none"> Careers in Parks, Recreation, and Tourism Guest Speaker 	<ul style="list-style-type: none"> DUE: Guest Speaker Questions @ 9:30AM
		WEEK TWELVE	
22	Oct. 31	<ul style="list-style-type: none"> Working in College Athletics 	<ul style="list-style-type: none"> DUE: Goal Setting Assignment NAIA NCAA
23	Nov. 2	<ul style="list-style-type: none"> Working in College Athletics Guest Speaker 	<ul style="list-style-type: none"> DUE: Guest Speaker Questions @ 9:30AM
		WEEK THIRTEEN	
24	Nov. 7	<ul style="list-style-type: none"> Practicum/Internship Information and Placement Opportunities 	<ul style="list-style-type: none"> Jobs in Sports Work in Sports
25	Nov. 9	<ul style="list-style-type: none"> Other Jobs in Sport Help/Work on Portfolio and Professional Development Project 	
		WEEK FOURTEEN	
26	Nov. 14	<ul style="list-style-type: none"> Graduate School and Beyond 	
27	Nov. 16	<ul style="list-style-type: none"> Jobs Outside of Sport 	
		WEEK FIFTEEN	
28	Nov. 21	<ul style="list-style-type: none"> Course Wrap Up / Final Review 	<ul style="list-style-type: none"> DUE: PDP Complete Course Evaluation

Final Exam - WEDNESDAY, NOVEMBER 29th, 2023 - 2:30PM– 5:30PM

NOTES AND REMINDERS

- All dates/topics are tentative and subject to change based on pace of course.
- Readings should be completed by the dates listed in the right column on the calendar.
- Please inform instructor immediately if you have concerns or problems with assignments.
- Site visits may be scheduled; these are not shown on the calendar.
- Guest speaker dates may change due to availability.